

PURE ESSENCE
beauty spa
SKIN EXPERTS

CLIENT TREATMENT LIST



Environ

Experience a facial like no other

You only have one skin. Keep it looking beautiful for life by going for a regular facial. A facial that delivers real, lasting and visible results is so much more than just cleansing, toning, moisturising and a facial massage. Environ's professional treatments are unique and combine the power of soundwaves to diffuse up to 40 times more of the potent active ingredients into the skin.

What are your best facial options?

ESSENTIAL TREATMENTS

60 mins £64

90 mins £82

(90 mins treats neck and décolletage)

Essential Youth Reset

Collagen peptide and vitamin boosting facial to help soften the appearance of fine lines, sun damage and sagging skin.

Essential Moisture Boost

Hyaluronic Acid is the hero ingredient in this facial. It helps reduce the appearance of fine lines caused by dehydration and increases the plumpness of the deeper layers of the skin.

Essential Comfort Calm

Ideal for sensitive, irritated skin, this facial combines powerful, smart ingredients to help leave the skin soothed.

DON'T DELAY YOUR JOURNEY TO HAVING FRESH GLOWING SKIN.
BOOK YOUR CONSULTATION TODAY!

ENVIRON COOL PEEL TREATMENTS

45 mins £59

Experience a totally safe way to have the benefits of a peel with no irritation. Low strength lactic acid is used to reduce the skin's PH and trigger the release of growth factors, which creates tighter, smoother skin. It destroys bacteria, boosts hydration and removes the build-up of dead skin cells, helping to decongest the surface and smooth texture.

Youth Renew Cool Peel

This cool peel treatment assists with reducing the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

Moisture Boost Cool Peel

Designed to gently buff the skin's surface and focus on revitalising dry, tired-looking skin, revealing a healthy-looking glow. This gentle yet effective peel is suitable to do all year round with no visible peeling.

Blemish Control Cool Peel

This powerful cool peel therapy assists with the management of blemish prone, distressed skin, by purifying, cleansing and assisting to unclog pores and dissolve impurities. Our hero treatment for problematic skin conditions.

DERMALUX LED LIGHT THERAPY

Dermalux LED Phototherapy is a non invasive treatment that uses clinically proven therapeutic light energy to trigger the skin's natural rejuvenation and repair processes without pain or downtime. Skin cells that are energised function better and can renew up to 200% faster accelerating regeneration and repair.

Dermalux Add on..... 15 mins £15

Add Dermalux LED Phototherapy to any facial to enhance the effects & benefits.

Dermalux Treatment 30 mins £30

Enjoy some luxury me time as your skin absorbs the energising light to kick start cell regeneration, calm irritation or restore radiance. Each treatment lasts up to 30 minutes and with no downtime, you can simply get up and glow!

CACI SYNERGY NON SURGICAL FACIAL TREATMENT

The CACI system uses microcurrent to tone, lift and re-educate the muscles back to their original position. The treatment transmits tiny electrical signals through the skin to encourage facial skin improvement with clinical evidence that show that micro currents can increase elastic by 45%, collagen by 10% and the number of blood vessels by 35%. This treatment offers a non surgical solution to both male and female clients of all ages.

CACI Signature Non-Surgical Facial Toning60 mins £58 (X10 £520)

This non-invasive facial features S.P.E.D Dual technology that provides simultaneous skin rejuvenation and facial toning. This treatment uses microcurrent impulses, to lift and tone and LED light therapy to improve skin elasticity and reduce the appearance of fine lines and wrinkles. Firms your face and gives your skin a more youthful, fresh appearance and glow.

CACI Synergy Ultimate Anti-Ageing75 mins £75 (X10 £670)

Combines CACI's signature Non-Surgical Facial Toning with advanced skin exfoliation techniques to revitalise your skin, resulting in a brighter and smoother complexion. A combination of advanced technologies are used to plump fine lines and wrinkles, instantly lift and tone your face and firm your neck.

CACI Eye Revive 30 mins £35 (X10 £315)

Lift and firm muscles around your eye area, particularly where you may tend to lose definition as you age and develop 'hooded eye lids'. This treatment uses serum filled microcurrent rollers together with soothing and calming Eye Revive Mask to reduce puffiness and dark circles, and soften the appearance of fine lines and wrinkle around your eyes.

CACI Jowl Lift 30 mins £35 (X10 £315)

Targets muscle laxity around your jawline using S.P.E.D Dual Action Technology, which uses the power of LED light therapy at the same time as using CACI microcurrent. This treatment will lift and firm your muscles and redefine facial contours to give a firm your muscles and redefine facial contours to give a firmer, more toned appearance. Ideal for women wanting to improve the appearance of sagging jowls and for men who desire a more chiselled jawline.

Course Structure

- Course of 10 sessions (payments can be paid instalments)
- 1-2 times per week for facial treatments
(Only peel or microdermabrasion once a week)
- Maintenance is every 4-6 weeks.

Radio Frequency Facial Treatment45 mins £60 (X6 £330)

Our radio frequency facial. The RF energy is used to heat tissue and stimulate collagen production in order to reduce the appearance of fine lines and loose skin. Great to combine with your CACI treatments too. The radio frequency waves excite the molecular structure within the skin tissues generating heat. This thermal energy stimulates collagen production, tightening and lifting the skin. Vacuum is also included to boost the lymph and blood circulation. Treatment can be taken as a course of 6. A treatment every 7 - 10 days or a one off treatment as your monthly facial.

Radio Frequency & Caci Treatment75 mins £79 (X6 £425)

Crystal Clear COMCIT Facial60 mins £71 (X6 £355)

Crystal Clear COMCIT facial for skin rejuvenation. Cryo Oxygen Microchannelling Collagen Induction Therapy. A micro-needling treatment to reduce pigmentation, fine lines, scarring and dehydration. The skin is cooled and oxygenated. A micro-needling roller induces controlled micro-trauma to stimulate collagen growth and creating pathways for product penetration of active ingredients into the deeper layers of the skin. Puncture jet oxygen to soothe and restructure the skin. The most effective skin rejuvenation system yet from Crystal Clear. A course of 6 is recommended. 1 treatment every 2 weeks. Ideal to treat lax skin, lines and wrinkles, sun damaged skin, acne scarring, pigmentation. Reduces wrinkle depth and crows feet.

DERMAPLANE FACIALS

The Dermaplane Facial 55 mins £55

Dermaplaning is a method of physical exfoliation using a sterile, surgical scalpel to gently shave the skin's surface, removing the top-most layer of dead skin along with fine, vellus hair (aka peach fuzz). This painless procedure leaves the skin more silky smooth than other exfoliation techniques due to the hair removal process. The skin will be left smooth and naturally radiant. Includes Led light therapy to calm and sooth.

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IPL TREATMENTS

IPL Skin Rejuvenation 45 mins £65

Skin Rejuvenation / Photo rejuvenation offers a solution for all the visible signs of ageing caused by sun damage, such as brown spots (pigmentation), redness (thread veins) and uneven skin texture, lines, wrinkles and Rosacea.

Hands Rejuvenation £45

Decolletage Area..... £55

IPL Pigment Removal..... £49

Pigment removal can treat age or sun spots on the face or body, it will lighten or remove pigment in as little as one to three treatment sessions.

The light targets areas of excess pigment safely breaking down the excess melanin. The sun spots darken in the first few days after treatment and then the excess melanin sheds naturally away.

This treatment is not suitable for melasma or large, raised and dark pigmentation. Prior to treatment you must first undergo a consultation and patch test.

IPL Thread Vein Removal £49

Red thread veins (also known as spider veins or spider naevi) are tiny, damaged veins in the skin itself. Intense pulsed light or IPL is a safe, precise, and effective way of treating thread veins with minimal effect on the surrounding skin.

Treatment is suitable for your face, neck and chest and will reduce overall facial redness.

Typically three to four treatments are needed for best results, though small vessels may clear in just a single session. For general redness and rosacea five or more treatments may be required. Repeat sessions are spaced every four to six weeks. Prior to treatment you must first undergo a consultation and patch test.

Illumi Facial 60 mins £125 (X3 £300)

illumiFacial is a combination laser facial treatment, which combines a glycolic peel with medical grade IPL treatment. A clinic favourite, the Illumi Facial is incredible value in price and effectiveness as it combines both IPL Photo Facial and IPL Vascular & Pigmentation Removal or Acne Reduction with a Glycolic Peel. The Illumi facial is the ultimate facial to drastically reduce all signs of ageing skin, sun damage, pigmentation and vascular lesions whilst leaving the skin looking and feeling much softer.

ESPA

ESPA uses only the purest and most natural ingredients, carefully blended by highly trained dermatologists and aroma therapists. Our aim is to help people look and feel their best, have naturally beautiful skin and a renewed sense of inner calm.

Espa Hero Signature Treatment 90 mins £85

Body relaxed. Mind Calmed. Complexion Transformed. The ultimate face and back experience, uniting targeted massage techniques with the purest aromatherapy oils and a highly- personalised result-focused facial. Includes: Back Exfoliation, Back Massage, Inner Beauty Facial, Scalp Massage.

Pro Optimal Skin Health Facial 60 mins £65

Visibly revive skin's natural beauty, balance health, Achieving instant results with long-lasting benefits, this intelligent facial harness nature's most potent actives alongside high performance massage to deeply cleanse, refine and hydrate skin. You emerge with a smooth, profoundly nourished complexion, glowing with natural health. Includes: Triple Cleanse Facial Massage, Mask, Hand and Arm Exfoliation and Massage.

Pro Optimal Express Facial 30 mins £35

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Includes: Double Cleanse, Exfoliation, Mask.

Inner Calm Aromatherapy Massage..... 55 mins £55

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative treatment. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular tension and soothes anxiety. Mind and body feel balanced and a sense of inner calm is beautifully restored. Includes: Breath Work, Warming Eye and Neck Pillows, Aromatherapy Massage, Scalp Massage.

Sea Salt Smoother 30 mins £35

Revive skin's natural softness and glow with this intensely smoothing exfoliating treatment. An ideal way to prepare skin for an ESPA massage, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.. Includes: Salt & Oil Full Body Exfoliate.

LASER HAIR REMOVAL

Face

Single/ Course of 6

Lip	£35/£180
Chin	£35/£180
Neck	£35/£180
Upper Lip & Chin	£55/£297
Chin & Jawline	£55/£297
Chin & Neck	£55/£297

Body

Single/Course of 6

Half Leg	£80/£430
Full Leg	£100/£550
Underarms	£50/£280
Bikini Standard	£50/£280
Brazilian	£70/£350
Hollywood	£90/£450

IPL Hair Removal & Consultation & Patch Test £25

NO OBLIGATION CONSULTATIONS

Before undergoing any treatment you will need an initial 1:1 informal consultation where we will discuss your concerns and desired outcome.

Buttocks	£50/£250
Navel line	£35/£180
Areola	£30/£180
Feet/Toes	£30/£180
Half Back	£60/£300
Full Back	£100/£500

Combination Packages

Single/Course of 6

Half leg, Bikini & Underarms	£130/£700
Half leg, Brazilian & Underarms	£145/£785
Full leg, Bikini & Underarms	£160/£860
Full Leg, Brazilian & Underarms	£180/£980

HAND & FOOT TREATMENTS

Helping you to maintain healthy looking hands and feet.

Footlogic Pedicure Deluxe.....60 mins £42 / Add Gel £55

A relaxing and nourishing treatment which will treat dry skin & fungal conditions but still feel like a luxurious foot & leg pamper. Foot soak, nail file, cuticle work, hard skin removal, exfoliation with nourishing foot and calf massage with heated boots. Finish with a polish of your choice.

Footlogic Callus Peel Pedicure45 mins £38 / Add Gel £51

Medical grade to treat specific Callus and rough heels

Express Pedicure30 mins £29 / Add Gel £42

An express treatment for the feet. Includes foot soak, nail file, cuticle tidy, Foot Exfoliation. Hydrating cream to the heel and polish of your choice.

OPI Mini Manicure.....30 Mins £28 / Add Gel £42

Moisturized skin, filed nails and tidy cuticles. This sets off your beautifully painted fingernails with your choice of colour for total perfection

OPI Luxury Manicure.....60 Mins £39 / Add Gel £51

An intensive nourishing treatment for dry, dehydrated hands and nails. Includes Nail file, cuticle treatment, exfoliation, hand and arm massage. Hydrating hand treatment, hot mitts and a polish of your choice

Just Gel Polish Hands Or Feet.....£31

Just Gel Hands And Feet.....£57

Removal & Reapplication Of Gel.....£32

The Gel Bottle gel polishes are rich, highly pigmented, chip-resistant and offers extremely long lasting shine. Includes file, dry cuticle tidy and application of Gel polish.

The Gel Bottle BIAB Overlay£36

BIAB stands for "Builder In A Bottle". This is a durable option for those looking for a nail treatment that will last through a long holiday. The Builder gel hardens and strengthens weak nails. It is one of the best treatments for healthy looking and fabulous nails.

NAIL ART SERVICES (EXTRA CHARGE)

Simple Nail Art..... 50p per nail

Detailed Nail Art.....£1 per nail

Loose Glitter..... 20p per nail

We repair for free if they've been done by us in the past 7 days

Repairs:

Gel Or Acrylic Fix£3

Ombre£8

Gel Polish Removal£16

Gel nail colour is removed nails will be filed and conditioned.

IBX Nail Repair & Strengthening Treatment..... 15 mins £15

IBX nail system is a strengthening treatment that works from the inside of the nail rather than on top. To be used alongside File & Polish, Manicure and Gel polish. What are the Benefits?

- Creates protective shield for natural nails.
- Repairs nail damage that would prevent growth.
- Improves natural nail colour and appearance.
- Internally strengthens nail plate to encourage growth.

Fully Sculptured Acrylic Nail Extensions..... £42

Full Set of Overlays with Gel Colour £37

Infills with Gel Colour £35

Acrylic Removal with Conditioning Treatment.....£19

LASH & BROW TREATMENTS

HD Brows £26

Eye Brow Tidy£10

Eyebrow Shape£16

Eyebrow Tint£8

Eyelash Tint£17

Eyelash & Brow Tint£21

LVL Lash Lift.....£53 (to include top up tint taken 4 weeks)

HAIR REMOVAL WAXING HOT & STRIP

Lip Or Chin£10

Lip & Chin£16

1/2 Leg £22

Full Leg £35

3/4 Leg..... £32

Regular Bikini.....£20

Under-Arm£18

Brazilian (Landing strip) £37

Hollywood (All off) £43

Chest £32

Back.....£45

MASSAGE & HOLISTIC THERAPIES

Start your journey to wellness!

B12 Vitamin Injection£25 course of 4 £88

Vitamin B12 shots can help with energy levels, brain function, boosting mood, improving metabolism, and weight loss and so much more for men and women.

Hydrotherm Massage 55 mins £59

Hydrotherm differs from other types of massage because it is carried out with you lying face-up on two cushions filled with warm water, and heated to between 30-40 degrees. Swedish massage, deep tissue massage and other techniques have been adapted to provide you with the ultimate body massage experience. Includes Hot foot lime cleanse and heated lavender eye mask.

Swedish Massage

Full Body..... 55 mins £49 / 40 mins £41 / 30 mins £33

A traditional full body massage including head massage with regulated pressure and stimulating movements for effectively releasing knots and tensions as well as easing tired and aching muscles.

Aromatherapy Massage1hr 15 mins £60

Using carefully blended essential oils derived from herbs, plants and flowers, this is a truly holistic therapy. Taking into account the client's emotional as well as physical well-being, the body is massaged using slow, rhythmic movements and lymphatic drainage techniques to relieve tension and promote a positive mental state. Includes hot foot lime cleanse and heated eye mask.

Indian Head Massage 30 mins £35

Oriental massage techniques are used on the scalp, face, neck and shoulders to create a state of complete relaxation. Energy channels are unblocked so as to boost the flow of energy in the body and help heal ailments such as tension, aches and pains

Hopi Ear Candles 30 mins £36

Hopi ear candles work like a chimney by drawing out impurities in the ear and allowing them to be gently removed. Beneficial for clients suffering from headaches, migraines, sinusitis, glue ear and colds.

Reflexology60 mins £49

A balancing treatment using acupressure techniques to work on reflex points in the feet which are linked through energy pathways to the parts of the body. Reflexology has a positive effect on quality of life, stress, anxiety, and pain.

Hot Stone Reflexology..... 60 mins £55

Hot Stone Reflexology is a truly indulgent treatment which takes Reflexology to a new level, helping you feel more Relaxed, Rebalanced and Revitalised. The stones relax the body at its deepest level, penetrating much deeper than thumb pressure, reaching around 7cm into tissues. They are effective at creating harmony and balance as well as improving energy flow. The subtle energies of stone introduced into a treatment:

Reflexology for The Menopause 60 mins £75

Reflexology at this time will help to regulate the peripheral nervous system, achieved by stimulating the pituitary gland, the hypothalamus and the thymus reflex points. It can also make some of these changes more bearable and relieve the stress and tension that can cause so many side effects.

Pregnancy Massage..... 45 mins £49

Pregnancy massage is a great way to relax and unwind during a time when your body is going through so many changes. However, it is important to note that Pregnancy massage is only available once you are past your first trimester.

SLIM TREATMENTS

Stomach Sculptor 60 Mins £65

An unprecedented curative and preventive approach to fighting excess abdominal fat. This treatment combines the Zen Abdomen massage technique developed by a physiotherapist with a trio of magnesium oil, Guérande mud, and Stomach & Waist Reshaper for visible results from the very first session.

Bio Slim Wrap60 mins £65

This is a a paraben-free fat burning and slimming body wrap. The treatment enhances weight loss and firms and tones the skin and eliminates toxins.

Mineral Therapy Treatment60 mins £65

A genuine Thalio innovation focusing on a single mineral: either magnesium or calcium for targeted actions. **MAGNESIUM** An essential mineral that many people are deficient in. Dermal absorption of magnesium has an intense anti-stress effect, improves sleep quality, and effectively reduces muscle tension.

SPA PACKAGES

Tranquillity For Friends60 mins £67 each

Includes a Relaxing Back, Neck & Shoulder Massage followed by a 30 minute Espa Facial prescribed to your skin.

Wellbeing Journey.....90 mins £90

Includes a 45 minute Aromatherapy Massage with a Luxury Indian Head Treatment.

Indulgent Retreat Experience 2 hrs 15 mins £145

Take time to look after you, pause from the world and allow yourself time out with our anxiety retreat spa package:

- 30min Hand Treatment, Hand and Arm Exfoliation & Massage
- 60 min Inner Calm Full Body Massage
- Hot Foot Lime Cleanse with Warm Thermal Eye Mask
- 60min Active Nutrients Facial

GIFT VOUCHERS

The Pure Essence gift voucher is the perfect present for that special person in your life. Gift vouchers are valid for six months (or 50% value after expiry date) and are presented in a silver envelope, for an additional charge vouchers can be presented in a grey pillow box with ribbon £1.50. Gift vouchers can be posted for a nominal charge off £1.00.

Discounts apply only to full paying treatments & not on packages or special offers.

GIFT VOUCHERS CAN BE PURCHASED ON OUR WEBSITE:
WWW.PUREESSENCEBEAUTY.COM

FREQUENTLY ASKED QUESTIONS

Your Health

Please advise us of any health concerns, COVID symptoms, allergies or recent operations.

Our Pedicures

Please remember to bring flip-flops when having a pedicure.

Cancellation Policy

We would appreciate 24 hours notice for any cancellations, otherwise a charge will be incurred of 50 %.

Deposits

For group bookings and treatments valued over £70 we require a 50% deposit when booking. 10 % surcharge will be added for Sundays and Bank Holidays.

Opening Times

Monday 9am - 7pm

Tuesday to Thursday 9am - 7.30pm

Friday 9am - 6.30pm

Saturday 9am - 5.00pm

GET IN TOUCH

To find out more about our treatment information, I encourage you to visit our website (see below) and like us on Facebook, or to contact our friendly team with any questions.

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